



## SPECIALIZING IN THE TREATMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE

For a free, confidential assessment call 352-596-4306

Before beginning treatment, several assessments are conducted to evaluate the patient's physical, social and emotional health. This assessment helps determine the appropriate level of care.

### Treatment Consists of:

- Crisis Evaluation
- Group Psycho-Therapy
- Recreational Therapy
- Cognitive Screenings
- Family Education
- Neuro-Psychology Testing & Treatment
- Medication Evaluation & Management
- Community Services Coordination

Planning for discharge, be it a return to a home environment or an alternative living arrangement, begins on the day of admission. Social workers and the treatment team, with the input & assistance of family members help make the transition to community living safe and seamless experience.

## Intensive Treatment Services



Springbrook Hospital's Intensive Treatment Program provides crisis stabilization and symptom reduction for individuals 18 or older who are in acute psychiatric distress. Patients are often admitted involuntarily to this secure unit.

The Intensive Treatment Program offers the highest level of management for patients with the

most severe mental illnesses, some of who are experiencing symptoms for the first time and others who may have struggled with their illness in the past. Under the supervision of a psychiatric team made up of a psychiatrist, social workers, therapists, nurses and other unit staff, patients are assisted in indentifying the sources of their psychological issues that are impairing the individuals ability to function. The treatment team considers the individuals strengths, areas of difficulty and situational factors which have contributed to the current crisis.

### Severe Psychiatric Disorders Treated Include:

- Severe Depression
- Schizophrenia
- Bipolar Disorder
- Panic attacks
- Psychotic Disturbances
- Suicidal Thoughts
- Delusions
- Hallucinations



## Medicare, Self Pay and most HMO's & PPO's Accepted

Springbrook Hospital provides the highest quality assessment, diagnosis, stabilization and treatment for adults with acute psychiatric issues which require inpatient or partial hospitalization. Treatment is provided for our patients with kindness, empathy, dignity and respect at all levels in the continuum of care in order to maximize the individual's ability to achieve successful mental and emotional stability.

Springbrook Hospital is State Licensed, Medicare Certified and JCAHO Accredited

7007 Grove Rd  
Brooksville, FL 34609

[www.springbrookhospital.org](http://www.springbrookhospital.org)

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## Adult Psychiatric Services Lighting the Way to Emotional Health



Like a beacon of safety to guide individuals through life's storms, Springbrook Hospital's Adult Psychiatric Program provides intensive treatment for individuals dealing with medical, emotional and psychiatric issues in a safe and secure setting.

#### These Emotional Issues Include:

- Depression
- Affective Disorders
- Psychotic Disturbances
- Bipolar Disorder
- Panic Attacks
- Obsessive/Compulsive Behavior
- Post Traumatic Stress Disorder
- Depression Due to Chronic Pain
- Anxiety
- Phobias
- Suicidal Thoughts
- Grief & Loss
- Mood Disorders



Under the supervision of a psychiatric team made up of a psychiatrist, social workers, therapists, nurses and other unit staff, patients are assisted in identifying the sources of their psychological issues that are impairing the individual's ability to function. The treatment is intensive and therapeutically focused, aimed at moving the individual from an inpatient setting to partial hospitalization or outpatient therapy as quickly as possible.



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## The Eclipse Dual Diagnosis Services Helping Individuals Choose the Right Path to Recovery



Springbrook Hospital's Dual Diagnosis Program offers treatment to men and women 18 and older, who are suffering from drug and/or alcohol abuse with a co-occurring psychiatric illness in both an inpatient and partial hospitalization setting.

The program is designed for individuals who have a substance/alcohol abuse problem and are exhibiting one or more of the following symptoms:

- Depression
- Affective Disorders
- Psychotic Disturbances
- Bipolar Disorder
- Panic Attacks
- Obsessive/Compulsive Behavior
- Post Traumatic Stress Disorder
- Depression Due to Chronic Pain
- Anxiety
- Phobias
- Suicidal Thoughts
- Grief & Loss
- Mood Disorders
- Prescription Medication Abuse

With this in mind, Springbrook Hospital offers a comprehensive treatment program in a tranquil, nurturing, environment. Each patient's treatment is individually designed to meet their specific needs to promote long term recovery.



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## Partial Hospitalization Services Each Day a New Beginning

Springbrook Hospital's Partial Hospitalization Program provides treatment for individuals dealing with medical, emotional and psychiatric issues 5 hours a day in a tranquil outpatient setting. The program operates as both an extension of post hospitalization treatment or as a less restrictive means of treatment used in lieu of an inpatient program.



The program is effective in the treatment of:

- Depression
- Affective Disorders
- Psychotic Disturbances
- Bipolar Disorder
- Panic Attacks
- Obsessive/Compulsive Behavior
- Post Traumatic Stress Disorder
- Depression Due to Chronic Pain
- Anxiety
- Phobias
- Suicidal Thoughts
- Grief & Loss
- Mood Disorders
- Prescription Medication Abuse

**RECOVERY**



Under the supervision of a psychiatric team made up of a psychiatrist, social workers, therapists, nurses and other program staff, patients are assisted in identifying or continuing to work on the sources of their psychological issues that are impairing their ability to function on a daily basis.



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## Bridges Senior Adult Services

The Department of Health and Human Services reports that the highest suicide rate of any age population is that of adults over 65. For many older adults, behavioral health illness once diagnosed can be effectively treated with psychiatric help.



Springbrook Hospital's Bridges Senior Adult Program is treatment for patient's over 60 with acute psychiatric issues. Our Senior Adult program offers both voluntary and involuntary comprehensive treatment programs designed to meet the specific needs of adults over 60, suffering from serious psychiatric and/or substance abuse.

Acute emotional problems treated at Springbrook include:

- Depression
- Affective Disorders
- Psychotic Disturbances
- Bipolar Disorder
- Panic Attacks
- Obsessive/Compulsive Behavior
- Post Traumatic Stress Disorder
- Behavioral issues due to early Dementia
- Aging Issues
- Substance Abuse
- Depression due to Chronic Pain
- Anxiety
- Phobias
- Suicidal Thoughts
- Grief & Loss
- Mood Disorders
- Prescription Medication Abuse
- Memory Loss
- Confusion
- Alcohol Abuse



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